

BREAKFAST • 7am-11.30am

BIG BREAKFAST **\$25**
EGGS YOUR WAY ON SOURDOUGH TOAST, BACON,
SAUSAGE, MUSHROOMS, TOMATO, HOUSE HASH BROWN
NO SWAPS, NO CHANGES

VEGETARIAN BIG BREAKFAST (V) **\$25**
EGGS YOUR WAY ON SOURDOUGH TOAST, SPINACH,
TOMATO, HALLOUMI, AVOCADO, HOUSE HASH BROWN
NO SWAPS, NO CHANGES

SMASHED AVOCADO (V) **\$20**
TOASTED SOURDOUGH BAUGETTE, SALAD GREENS,
CRUNCHY SPROUTS, BASIL OIL
ADD YOUR SIDES

PANCAKE STACK (V) **\$20**
FRESH BANANA, STRAWBERRIES, ICE CREAM,
BUTTERSCOTCH SAUCE

KIDS SIZE **\$12**

GREEN FRITTERS (V, GF, DF) **\$20**
PEA, ZUCCHINI, KALE, SHALLOTS, SALAD
GREENS, GREEN HOMOUMUS
ADD YOUR SIDES

NOURISH BOWL (VG, N, GF) **\$20**
SALAD GREENS, ROAST PUMPKIN, MUSHROOM,
SWEET POTATO, AVOCADO, HOUSE SUPERFOOD
NUT MIX, LEMON & OLIVE OIL DRESSING
ADD YOUR SIDES

BREKKY BURGER **\$18**
2 FRIED EGGS, BACON, AVOCADO,
HOUSE HASH BROWN, SWEET CHILLI, AIOLI

VEGAN BREKKY BURGER (VG) **\$18**
SALAD GREENS, MUSHROOM, PUMPKIN, AVOCADO,
HOUSE HASH BROWN, BEETROOT HOMOUMUS

GOURMET BACON & EGG ROLL **\$12**
BACON, FRIED EGG, TASTY CHEESE,
SALAD GREENS, SMOKEY TOMATO RELISH

BASIC BACON & EGG ROLL **\$8**
BACON, FRIED EGG,
CHOOSE YOUR SAUCE - TOMATO, BBQ OR AIOLI

P L E A S E

ORDER & PAY INSIDE

ALTERATIONS TO THE MENU ARE
RESPECTFULLY DECLINED

BE PATIENT DURING BUSY PERIODS AS ALL
MEALS ARE PREPARED FRESH TO ORDER

BE AWARE OF THE BIRDS

FOR TODAY'S SPECIALS PLEASE SEE OUR
SPECIALS BOARD

\$10.00 EFTPOS MINIMUM

10% PUBLIC HOLIDAY SURCHARGE

EGGS ON SOURDOUGH (V) **\$12**
POACHED, FRIED OR SCRAMBLED

SUMMER FRUIT SALAD (VG, GF, DF, N) **\$15**
TOPPED WITH COCONUT YOGHURT,
ORGANIC ACTIVATED GRANOLA

ACAI BOWL (DF, N, VG) **\$15**
WITH FRESH FRUIT, MUESLI,
HEMP SEEDS, PEANUT BUTTER

TOASTED CRANBERRY AND MACADAMIA MUESLI (N) **\$13**
NATURAL YOGURT, FRESH BANANA,
STRAWBERRY COMPOTE

SIDES

\$4.00 EACH

EGG, HOUSE HASH BROWN, TOMATO, MUSHROOM, SPINACH

\$5.00 EACH

BACON, HALLOUMI, SMOKED SALMON, PORK SAUSAGE

V/VEGETARIAN · VG/VEGAN · DF/DAIRY FREE
GF/GLUTEN FREE · N/CONTAINS NUTS

DRINKS

COFFEE	8oz (1 shot)	12oz (2 shots)
FLAT WHITE	\$4	\$4.50
LATTE	\$4	\$4.50
CAPPUCCINO	\$4	\$4.50
MOCHA	\$4	\$4.50
CHAI LATTE	\$4	\$4.50
ESPRESSO		\$3.30
LONG BLACK		\$3.50
COLD BREW ICED LATTE		\$5
AFFOGATO		\$5
HOT CHOCOLATE		\$4
EXTRA SHOT		\$0.50
MACADAMIA MILK		\$0.50
BONSOY		\$0.50

POTS OF TEA \$4.50

ENGLISH BREAKFAST
EARL GREY
LEMONGRASS & GINGER
PEPPERMINT
GREEN

FRESHLY BREWED ORGANIC CHAI TEA \$5

ORIGINAL CHAI
MASALA CHAI
TUMERIC CHAI

FRESHLEY SQUEEZED JUICE \$8

YOUR CHOICE OF UP TO 5 INGREDIENTS •
APPLE, ORANGE, WATERMELON, PASSIONFRUIT,
CARROT, SPINICH, KALE, CELERY, MINT, GINGER

MILKSHAKE \$7

MILK, VANILLA BEAN ICE CREAM •
CHOCOLATE, CARAMEL, STRAWBERRY OR VANILLA
KIDS SIZE \$5

ICED CHOCOLATE, COFFEE OR MOCHA \$8

MILK, VANILLA BEAN ICE CREAM, WHIPPED CREAM

NATURAL FROZEN SLUSHY \$5

DAIRY SMOOTHIES	\$9
BANANA • MILK, FROZEN YOGHURT, CINNAMON, HONEY	
MANGO • MILK, FROZEN YOGHURT, PINEAPPLE, PASSIONFRUIT	
MIXED BERRY • MILK, FROZEN YOGHURT, MINT	

VEGAN SMOOTHIES	\$12
PITAYA SMOOTHIE (N) • DRAGONFRUIT, PINEAPPLE, MANGO, WATERMELON	
GREEN SMOOTHIE (N) • KALE, SPINACH, GREEN APPLE, MINT, MANGO, BANANA, PASSIONFRUIT	
PEANUT BUTTER SMOOTHIE (N) • MACADAMIA MILK, BANANA, HEMP PROTIEN POWDER	
ENERGISE CACAO (N) • COCONUT MILK, CACAO, CINNAMON, BANANA, MANGO	
LONGEVITY BEETROOT (N) • COCONUT MILK, BEETROOT, ACAI, BLUEBERRY, POMEGRANATE, STRAWBERRY	
DETOXIFY MATCHA GREEN TEA (N) • COCONUT MILK, MATCHA GREEN TEA, LEMON, BROCCOLI SPROUT, SPIRULINA, BANANA	
IMMUNITY BLUE SPIRULINA (N) • COCONUT MILK, BLUE SPIRULINA, BLUEBERRY, BANANA	
ANTI-INFLAMMATORY TUMERIC • COCONUT MILK, TUMERIC, MANGO, PASSIONFRUIT, GINGER	

ALCOHOL	\$8
BEER	
YULLI'S SEABASS MEDITERRANEAN LAGER	
YULLI'S NORMAN AUSTRALIAN ALE	
BYRON BAY HAZY ONE LAGER	
STONE & WOOD PACIFIC ALE	
STONE & WOOD GREEN COAST LAGER	
STONE & WOOD GARDEN ALE	
CORONA (GF)	
BYRON BAY WILD CIDER (GF)	
FINGERLIME & APPLE	
QUANDONG & PEAR	
SOFI SPRITZ	
BLOOD ORANGE & BITTERS	
LEMON & ELDERFLOWER	
WHITEPEACH & GINGER	
PICCOLO BOTTLE	
SAUVIGNON BLANC, CHARDONNAY, SPARKLING,	
MERLOT, SHIRAZ	
WINE BOTTLE \$30	
RED, WHITE, SPARKLING, ROSE	