

BREAKFAST • 7am-11.30am

BIG BREAKFAST \$25
EGGS YOUR WAY ON SOURDOUGH TOAST, BACON,
SAUSAGE, MUSHROOMS, TOMATO, HOUSE HASH BROWN
NO SWAPS, NO CHANGES

VEGETARIAN BIG BREAKFAST (V) \$25
EGGS YOUR WAY ON SOURDOUGH TOAST, SPINACH,
TOMATO, HALLOUMI, AVOCADO, HOUSE HASH BROWN
NO SWAPS, NO CHANGES

SMASHED AVOCADO (V) \$20
TOASTED SOURDOUGH BAGUETTE, SALAD GREENS,
CRUNCHY SPROUTS, BASIL OIL
ADD YOUR SIDES

PANCAKE STACK (V) \$20
FRESH BANANA, ICE CREAM,
MAPLE SYRUP

KIDS SIZE \$12

CORN & HALLOUMI FRITTERS (V, GF) \$20
SALAD GREENS, FRESH RICOTTA
ADD YOUR SIDES

NOURISH BOWL (VG, N, GF) \$20
SALAD GREENS, ROAST PUMPKIN, MUSHROOM,
SWEET POTATO, AVOCADO, HOUSE SUPERFOOD
NUT MIX, LEMON & OLIVE OIL DRESSING
ADD YOUR SIDES

BREKKY BURGER \$18
2 FRIED EGGS, BACON, AVOCADO,
HOUSE HASH BROWN, SWEET CHILLI, AIOLI

VEGAN BREKKY BURGER (VG) \$18
SALAD GREENS, MUSHROOM, PUMPKIN, AVOCADO,
HOUSE HASH BROWN, BEETROOT HOMOUS

GOURMET BACON & EGG ROLL \$12
BACON, FRIED EGG, TASTY CHEESE,
SALAD GREENS, SMOKEY TOMATO RELISH

BASIC BACON & EGG ROLL \$8
BACON, FRIED EGG,
CHOOSE YOUR SAUCE - TOMATO, BBQ OR AIOLI

P L E A S E

ORDER & PAY INSIDE

ALTERATIONS TO THE MENU ARE
RESPECTFULLY DECLINED

BE PATIENT DURING BUSY PERIODS AS ALL
MEALS ARE PREPARED FRESH TO ORDER

BE AWARE OF THE BIRDS

FOR TODAY'S SPECIALS PLEASE SEE OUR
SPECIALS BOARD

15% PUBLIC HOLIDAY SURCHARGE

EGGS ON SOURDOUGH (V) \$12
POACHED, FRIED OR SCRAMBLED

SEASONAL FRUIT BOWL (VG, GF, DF, N) \$15
TOPPED WITH COCONUT YOGHURT,
ORGANIC ACTIVATED GRANOLA

ACAI BOWL (GF, DF, N, VG) \$17
WITH FRESH FRUIT, MUESLI,
HEMP SEEDS, PEANUT BUTTER, COCONUT FLAKES

TOASTED CRANBERRY AND MACADAMIA MUESLI (N) \$13
NATURAL YOGHURT, FRESH BANANA,
STRAWBERRY COMPOTE

SIDES
\$4.00 EACH
EGG, HOUSE HASH BROWN, TOMATO, MUSHROOM, SPINACH,
AVOCADO

\$5.00 EACH
BACON, HALLOUMI, SMOKED SALMON, PORK SAUSAGE

DRINKS

COFFEE	8oz (1 shot)	12oz (2 shots)
FLAT WHITE	\$4	\$4.50
LATTE	\$4	\$4.50
CAPPUCCINO	\$4	\$4.50
MOCHA	\$4	\$4.50
CHAI LATTE	\$4	\$4.50
ESPRESSO		\$3.50
LONG BLACK		\$3.50
COLD BREW ICED LATTE		\$5
COLD BREW ICED LONG BLACK		\$4
AFFOGATO		\$5
HOT CHOCOLATE		\$4
EXTRA SHOT		\$0.50
MACADAMIA MILK		\$0.50
BONSOY		\$0.50

POTS OF TEA \$4.50

ENGLISH BREAKFAST
EARL GREY
LEMONGRASS & GINGER
PEPPERMINT
GREEN

FRESHLY BREWED ORGANIC CHAI TEA \$5

ORIGINAL CHAI
MASALA CHAI
TUMERIC CHAI

FRESHLEY SQUEEZED JUICE \$8

YOUR CHOICE OF UP TO 4 INGREDIENTS •
APPLE, ORANGE, WATERMELON, PASSIONFRUIT,
CARROT, SPINACH, KALE, CELERY, MINT, GINGER

MILKSHAKE \$7

MILK, VANILLA BEAN ICE CREAM •
CHOCOLATE, CARAMEL, STRAWBERRY OR VANILLA
KIDS SIZE \$5

ICED CHOCOLATE, COFFEE OR MOCHA \$8

MILK, VANILLA BEAN ICE CREAM, WHIPPED CREAM

DAIRY SMOOTHIES \$10

BANANA • MILK, FROZEN YOGHURT, CINNAMON, HONEY

MANGO • MILK, FROZEN YOGHURT, PASSIONFRUIT

MIXED BERRY • MILK, FROZEN YOGHURT, MINT

VEGAN SMOOTHIES \$12

PITAYA SMOOTHIE (N) • DRAGONFRUIT, PINEAPPLE,
MANGO, WATERMELON

GREEN SMOOTHIE (N) • KALE, SPINACH, GREEN APPLE,
MINT, MANGO, BANANA, PASSIONFRUIT

PEANUT BUTTER SMOOTHIE (N) • MACADAMIA MILK,
BANANA, HEMP PROTIEN POWDER

ENERGISE CACAO (N) • COCONUT MILK, CACAO,
CINNAMON, BANANA, MANGO

LONGEVITY BEETROOT (N) • COCONUT MILK, BEETROOT,
ACAI, BLUEBERRY, POMEGRANATE, STRAWBERRY, MANGO

IMMUNITY BLUE SPIRULINA (N) • COCONUT MILK,
BLUE SPIRULINA, BLUEBERRY, BANANA

ANTI-INFLAMMATORY TUMERIC (N) • COCONUT MILK,
TUMERIC, MANGO, PASSIONFRUIT, GINGER, PINEAPPLE

ALCOHOL \$8

BEER

SEVEN MILE BREWING CO • AUSTRALIA SUMMER ALE
SEVEN MILE BREWING CO • PALE ALE AMERICAN STYLE
SEVEN MILE BREWING CO • I.P.A. WEST COAST
BYRON BAY • HAZY ONE LAGER
STONE & WOOD • PACIFIC ALE
STONE & WOOD • GREEN COAST LAGER
STONE & WOOD • GARDEN ALE
CORONA (GF)

SOFI SPRITZ

BLOOD ORANGE & BITTERS
LEMON & ELDERFLOWER
WHITEPEACH & GINGER

PICCOLO BOTTLE

SAUVIGNON BLANC, CHARDONNAY, SPARKLING,
MERLOT, SHIRAZ - 187ML
PROSECCO - 200ML

WINE BY THE BOTTLE \$30

RED, WHITE, SPARKLING, ROSE, PROSECCO

BROOKIES BYRON BAY GIN \$10

• DRY GIN • TONIC, LIME
• SLOW GIN • FRESHLY SQUEEZED WATERMELON JUICE,
LIME
• MACADAMIA GIN • FRESHLY SQUEEZED APPLE JUICE, LIME